

RAATE™
QUESTIONNAIRE I

Sample

RECOVERY ATTITUDE AND TREATMENT EVALUATOR

True False

- (T) (F) 33. When I finish treatment, I will have solved my problems with alcohol and/or drugs.
- (T) (F) 34. I don't need to have anyone to call if I feel like drinking or using drugs.
- (T) (F) 35. Once the alcohol or drugs are out of my system, I will be OK.
- (T) (F) 36. I object to the idea of attending a lot of meetings.
- (T) (F) 37. If some of the relationships in my life would improve, my alcohol/drug problems would go away.
- (T) (F) 38. I plan to attend AA or other therapy groups at least once a week.
- (T) (F) 39. My family and/or friends are largely responsible for my use of alcohol/drugs.
- (T) (F) 40. I will need to attend AA or some other support groups regularly for a long time before I will feel secure in abstaining from alcohol and/or drugs.
- (T) (F) 41. I plan to get an AA sponsor to help me stay sober and drug-free.
- (T) (F) 42. AA or other support groups have been important to me.
- (T) (F) 43. I have not seen a physician within the past month.
- (T) (F) 44. My physical problems don't interfere with my concentration.
- (T) (F) 45. My physical problems will make it difficult to concentrate on alcohol/drug treatment.
- (T) (F) 46. I don't have physical symptoms that require medical attention.

True False

- (T) (F) 47. I don't have an illness that requires frequent medical supervision.
- (T) (F) 48. Within the past week, a doctor has recommended hospitalization for a medical illness.
- (T) (F) 49. During the past day or two, I have felt shaky, sweaty, or anxious.
- (T) (F) 50. I am taking prescribed medication for a physical condition.
- (T) (F) 51. I often have severe physical pain.
- (T) (F) 52. I have a physical illness that is interfering with my ability to function.
- (T) (F) 53. I don't have a chronic illness.
- (T) (F) 54. I am not taking medications for an emotional or psychiatric problem.
- (T) (F) 55. Anxiety or nervousness has not been a problem for me recently.
- (T) (F) 56. I drink or use drugs to deal with my emotions.
- (T) (F) 57. A professional has recommended hospitalization for my emotional problems within the past two weeks.
- (T) (F) 58. I do not need help for an emotional condition.
- (T) (F) 59. I have emotional problems which make it hard for me to concentrate on my work or daily tasks.
- (T) (F) 60. Within the past week, I have felt like killing myself.
- (T) (F) 61. I have severe emotional problems that are related to my alcohol/drug use.